

## SGT UNIVERSITY SHREE GURU GOBIND SINGH TRICENTENARY UNIVERSITY (UGC Approved) GURUGRAM, Delhi-NCR

Sudhera, Gurugram-Badii Road, Gurugram (Haryana) - 122505 Ph.: 0124-2278183, 2278184, 227818

## Professional ethics and human values short term program

## Outcomes

Professional ethics and human values can teach individuals a wide range of life skills that can benefit them in both their personal and professional lives. Here are a few examples:

- Integrity: Professional ethics and human values emphasize the importance of honesty, transparency, and ethical behaviour. Developing a strong sense of integrity can help individuals build trust with others and earn respect in both personal and professional settings.
- Respect: Learning to value and respect diverse perspectives and opinions can help individuals develop better communication skills and build stronger relationships. This skill can be particularly valuable in the workplace, where collaboration and teamwork are often required.
- Responsibility: Understanding the impact of one's actions on others is a key aspect of
  professional ethics and human values. Learning to take responsibility for one's decisions and
  actions can help individuals become more accountable and reliable, both at work and in their
  personal lives.
- 4. Empathy: Being able to put oneself in someone else's shoes and understand their perspectives and experiences is an important life skill that can help individuals build stronger relationships and communicate more effectively. It can also help individuals develop greater self-awareness and emotional intelligence.
- Self-discipline: Professional ethics and human values often stress the importance of selfdiscipline, self-control, and self-regulation. These skills can help individuals develop greater focus and concentration, overcome procrastination and distractions, and achieve their goals more effectively.

Registrar SGT University, Budhera, Gurugram